

**Saturday, March 7, 2020**

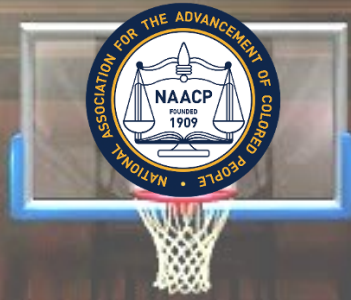
**9:00 am - 12:00 pm**

**Texarkana College**

**Pinkerton Center**

**Check-in &  
Registration**

**9:00 - 9:30 am**



**2 Person Team**

**Entry Fee \$0**



# **Greater Texarkana Branch 2nd Annual Fitness Challenge**

**Ages 15 & Up**

- Each Winner receives a T-shirt
- 1<sup>st</sup> Place \$100 (each) & 2<sup>nd</sup> Place \$50 (each)

*Please Pre-register at [naacp.texarkana@gmail.com](mailto:naacp.texarkana@gmail.com) (deadline, March 6, 2020 at midnight). Please include in Subject Line: Fitness Challenge and Body: Team's name including both entrant's names. Thanks.*

**FOR MORE INFORMATION PLEASE CONTACT**

**Dr. Charles Fortenberry @ [naacp.texarkana@gmail.com](mailto:naacp.texarkana@gmail.com)  
and/or Mr. Robert Jones @ (903) 278-7248**

*Please visit the Branch's webpage: [www.texarkananaacp.org](http://www.texarkananaacp.org) under News and Events for the Fitness Challenge rules.*



**Saturday, March 7, 2020**

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# **Greater Texarkana Branch 2nd Annual Fitness Challenge**

## **Challenge Rules**

1. Age limit: All contestants must be 15 years old or older by March 7, 2020
2. Contestants must bring an NBA (National Basketball Association) regulation basketball for use in the contest.
3. Teams may only use 1 basketball for the duration of the contest
4. Only team members or referees may touch the basketball in play for the duration of the contest
5. Time limit for eligible foul shots is 10 minutes
6. Foul shots must conform to NBA regulation
7. For eligibility, teams must pre-register at [naacp.texarkana@gmail.com](mailto:naacp.texarkana@gmail.com), or on March 7 at the Pinkerton Center between 9:00 and 9:30 am
8. Eligible teams consist of 2 contestants: 1 male and 1 female
9. Independent referees designated by NAACP Texarkana will manage the time limit and keep score for each team
10. The team with the most points at the end of the time limit wins
11. In the event of a tied score, teams involved will determine the winner in a game of HORSE

**Rules are subject to change without notice.**